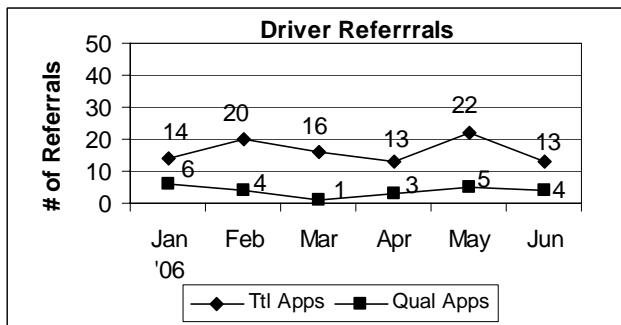
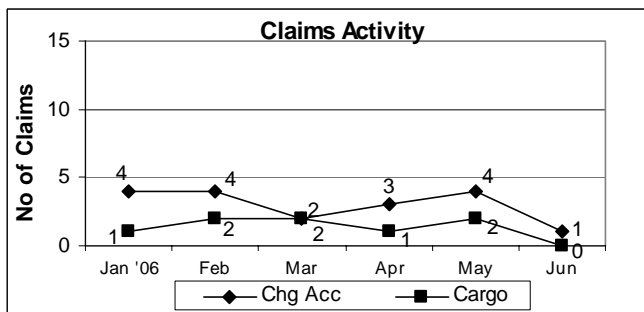
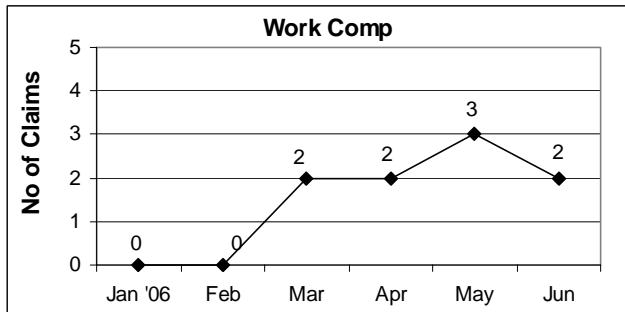




TANDEM EXPRESS

Your Monthly Update on Matters that Matter

Monthly Stats



Tenure Recognition

The following loyal and dedicated employees have reached another year of service in **July 2006**.

	NAME	YOS	POSITION
1	Carolyn Pawson	28	Mgr., Accounting Services
2	Leslye Kreighbaum	18	Manager, Compliance
3	James Blitz	15	Maintenance Technician
4	Phil Green	14	Professional Driver
5	Patrick Tauchus	13	Professional Driver
6	Kelly Colwell	9	Professional Driver
7	Alvin Raycraft	8	Professional Driver
8	Jodi Lewis	6	Planner, Central Dispatch
9	Kevin Gaffner	5	Professional Driver
10	Susan Majot	5	Compliance Clerk
11	Guy Beaudoin	4	Professional Driver
12	Roy Geise	4	Professional Driver
13	Michael Howell	3	Professional Driver
14	Kevin Stanton	3	Professional Driver
15	Ray Challenger	3	Professional Driver
16	Roger May	1	Professional Driver
17	Rod Wilson	1	Professional Driver
18	Stacy Moody	1	Professional Driver
19	Lindsey Jackson	1	Professional Driver
20	John Baggett	1	Professional Driver
21	Robert Baggett	1	Professional Driver
22	Steven Jewell	1	Professional Driver
23	David Austin	1	Professional Driver
24	Matthew Mankey	1	Professional Driver

Congratulations and thank you all for your support!

Safety Update

Congratulations on Zero Cargo claims this month and only one (1) minor chargeable accident. Too bad we can't say the same for injuries. Two (2) Work Comp injuries were reported this month. Injury claims are the most devastating to the worker and their families. Time off without the usual pay check coming in is a real problem for most of us. Injuries can be best controlled by taking a little more time to do our jobs.

Think about HOW you are doing a particular task as well as WHAT you are doing at the time. A long period of sitting in a cab with relatively little movement stresses your body. The lower back region, in particular, is vulnerable to muscle soreness and stiffness due to the posture of sitting with the curvature of the spine in an

Driver Referral Payout for JUNE was \$2,090!
The year-to-date total is \$16,765.

Operations (for June)

# Active Drvrs (All)	252	Fuel MPG (Co.)	6.45
No. Loads	5,777	Fuel CPG (Co.)	\$2.87
Miles(x1000-Rand)	2,476	Fuel CPM (Co.)	\$0.44

Thought for the Month

The secret of patience: Do something else in the meantime.

unnatural position without good support. However, it doesn't need to be that way. Drivers can protect their backs from injury, and the pain that goes with it, by following some simple rules:

* **Improve physical conditioning**---being in good physical condition, by toning up your abdominal muscles is a great way to strengthen your back.

* **Warm up before starting work**---get the blood flowing to help prevent muscles from cramping and tearing with any heavy lifting.

* **Know your limitations**---be aware of your physical limits. Get help for any heavy lifting.

* **Stretch**---your back and leg muscles periodically throughout the day. This allows blood to flow into the tissues and carries away some of the lactic acid build up.

Guidelines for safe lifting: Get a good grip....Have good footing....Keep it close....Lift smoothly....and avoid twisting while you lift. **WORK SMARTER NOT HARDER AND STAY SAFE!** (Jerry)

Trip Pak Fleet Wide

Tandem has determined that we are now able to implement Trip Pak fleet wide. For the last 6 months we have successfully used it at our South Carolina terminal (soon to be Savannah, GA by the end of the month). **We plan to have Trip Pak envelopes available by early August. Drivers will be instructed to send ALL paperwork in ONE Trip Pak envelope ONCE per week (either on Friday or Monday) to the St. Louis office.** St. Louis personnel will separate the documents and forward the necessary paperwork to Michigan City. Please contact St. Louis or Michigan City with any questions.

New Pay and Benefits Package Now in Place

Everyone should have received their new pay package information in the mail by now. Please be sure you (and perhaps your significant other) review the pay and benefits program. **We have improved mileage and productivity pay for eligible drivers and increased per diem to increase every driver's take home pay.** Therefore, be sure you know which mileage package applies to you.

We cannot emphasize enough the importance of our new benefits package. We are now offering improved health benefits and optional "buy ups" for even better coverage. We have also made significant advances in our 401k program. So much so that you can earn 100% return on investment! And everything above that is 50% up to a maximum contribution level!

There is a cap, of course, but the cap rises as your income and tenure rise. So you can always make more if

you earn more or stay will Tandem longer. Please contact Bob Ekema with any wage questions and St. Louis can help you with health benefits and 401(k). And please call if only to "confirm" where you are at.

Maintenance Update – Evaluation and Clean Up!

First let me say thank you to everyone for making me feel so welcomed here at Tandem. While I have not yet become a Bears fan (Go Pack Go) my overall move has been as enjoyable as moving can be. I have two items to cover in this month's Tandem Express. The first item which was rolled out to the Driver Reps on Wednesday and has already gone into implementation is the introduction of **Maintenance Evaluation Cards. Every time you bring your unit into the shop either at Michigan City or Gaylord for service work you will be given an evaluation card to complete.** These cards have several questions that help us determine our service performance. Therefore, we would like constructive feedback from our professional drivers. The cards have prepaid postage so they can be dropped into any mail box once they are filled out or you can send them with your paperwork and they will be routed to me in Michigan City. The mechanics are excited about receiving feedback on their performance and in ways to improve their service to our professional drivers. In speaking about improvements that brings me to item number two.

We are currently cleaning up the yard and remodeling building B in Michigan City. Currently building B is in the process of having the exterior repainted along with replacing the wood shingles at both the main and side entrances. Inside we are cleaning up and reorganizing the parts room. **More importantly we are taking a closer look at what parts we currently stock and what the stocking levels are.** While no parts room can stock every part, we are making more of an effort to have the right parts along with the right number of parts in stock in order to repair the trucks and trailers.

Over the next few months there will be other exciting changes in the area of maintenance which will directly affect our driver satisfaction. These changes will help improve our driver, equipment and mechanic utilization.

Robert Bednarek, Sr. Director Safety and Maintenance

National Driver Appreciation Week (Aug 20 – 26)

Tandem will again recognize its professional driving team during the National Driver Appreciation Week which is August 20 through 26. During the weekdays, the Michigan City office will have food and drink prepared from 11:30A to about 3:30P. After that, food will be available for drivers to prepare themselves. As traditionally provided, we will also have Tandem T-shirts available. The terminals may have food available or will provide some type of meal voucher. So please stop by any Tandem office and be recognized.